

GESTATIONAL DIABETES SCREEN

This test is intended for women between 26 weeks and 28 weeks of pregnancy, but will be performed at other times if requested by the referring doctor.

Please check with the collection centre or branch laboratory before arriving for your test if you are not within these guidelines.

Please note that no appointment is necessary, however, this test will take 1 hour.

- You are not required to fast for this test.
- You may have the test at any time during the day.

Test Details:

- You are required to drink a bottle of glucose solution within five minutes. This will be provided by the clinic.
- You may drink water after the glucose solution, but no other food or fluid is to be consumed until the completion of the test.
- It is not necessary to remain in the collection centre after the glucose drink has been administered, however, some patients do become nauseated.
- A sample of blood is taken **one hour** after consumption of the glucose drink.

If you feel unwell at any time during the test please notify the collection staff.